



SUPPORTING YOUNG CHILDREN'S SOCIAL AND EMOTIONAL WELLBEING

Cost: Non-members \$10.00, ECA Members free
(with proof of current membership)

This workshop will introduce the **Be You** mental health framework. It will explore the concepts of mental health and wellbeing for children, with links to social and emotional learning and will explore the *BETLS* observational tool

**Monday 14
October**

5.00 – 6.15 PM

nibbles & networking
prompt 5.15 start

Venue:
**Gorokan
Preschool**

8-12 Balmoral Dr.
Gorokan

**hosted by Central
Coast ECA &**



Be you is led by Beyond Blue in partnership with Early Childhood Australia and headspace



**To book
please respond
to this email**